

Mentoring

As a graduate of Meharry Medical College, we vow to expand and reach society to establish a platform of quality-driven individuals in the medical field. My basic principle in life is to empower and inspire others to achieve their goals. I am dedicated to excellence, innovation, and teamwork and pass this on to the students to ensure and create opportunities to make their dreams reality.

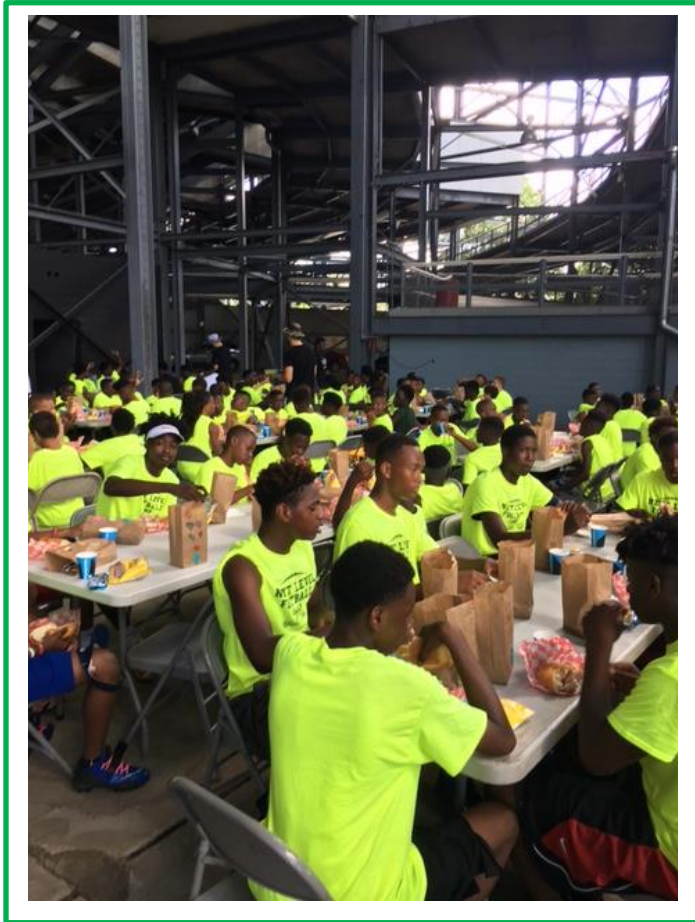


I have partnered with Jeremy Towns, former NFL player for the Buffalo Bills. He has created a program called Next Level Football Camp in which he teaches kids football techniques but also character – elevating their game as well as their everyday lives. What he realized is that these kids had poor dental and skin care habits. During his football camp, my staff and I brought gift bags containing skin care and dental care products. We then got the opportunity to sit and talk about going into a healthcare field and **what it takes to reach that goal**: *Make a List • Set A Goal • Take Care of Yourself • Eat Right • Exercise • Take Care of Your Skin • Take Vitamins • Drink Water • Sleep • Have Fun*

The interest and participation was simply amazing.

NEXT LEVEL FOOTBALL CAMP

July 2016



My staff is as dedicated to giving back to the community as I am....



In February 2016, I teamed up with Meharry Medical College, in which I spoke to the second-year medical students about becoming a physician. This program is called “Beyond the White Coat”.

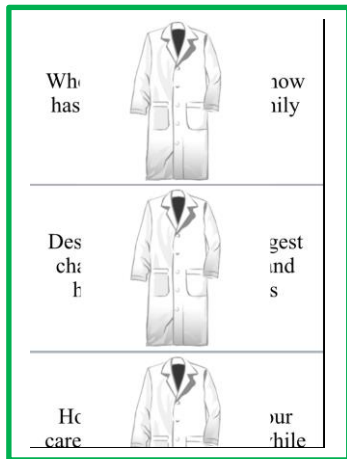
During this forum the students get a behind the scenes look at being a physician including the pros and cons. During this informal setting, the students were able to ask questions and received much needed guidance and information. From this, I have been able to inspire a few students to consider dermatology and even come to the office for shadowing.


Most importantly as a mentor, **my ultimate goal is to inspire and help a medical student become a dermatologist.**

Hello Dr. Haynes,

Thank you so much for your participation in our "Behind the White Coat" series. Attached you may find the powerpoint of questions we wish to ask you. If you have more that you would like to cover, you are welcome to tell us so that we can make changes. When you arrive [tomorrow](#) [REDACTED], [REDACTED] Harold West Basic Science building with your parking pass. If you have any further questions or concerns please feel free to contact me. Have a great day and we look forward to having you!

Kind regards,





Behind the White Coat

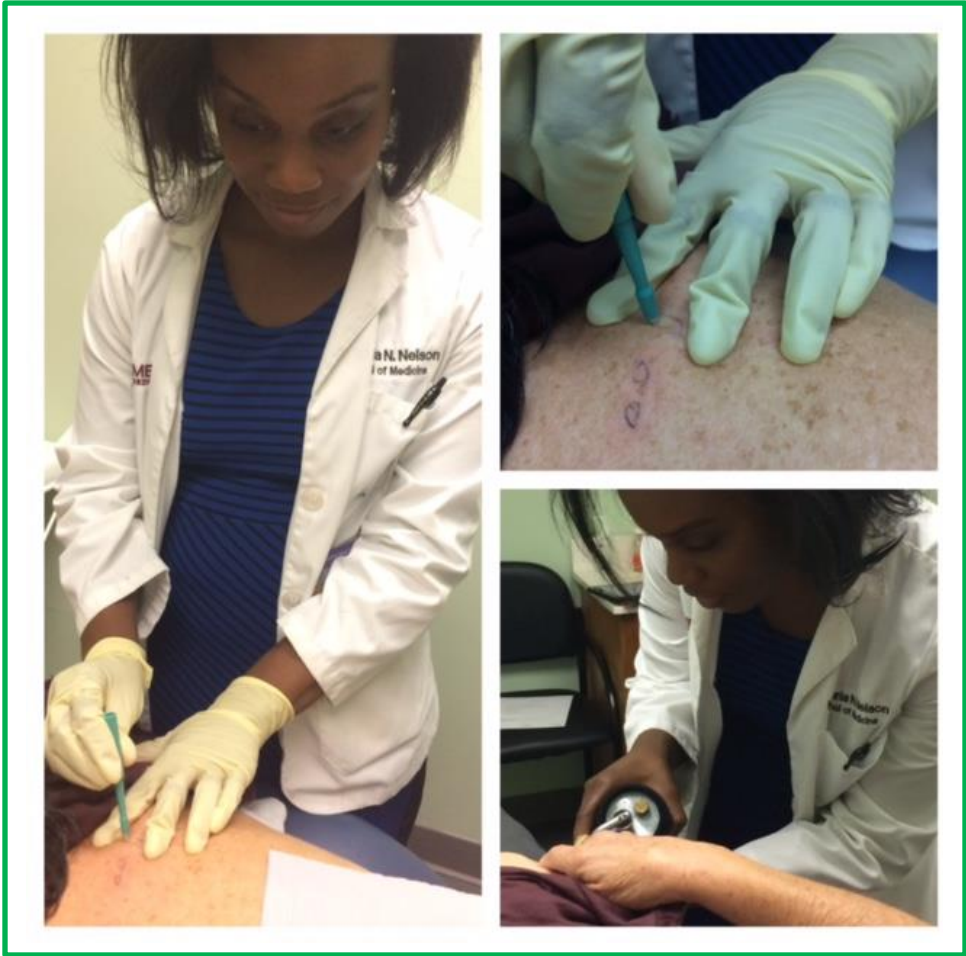
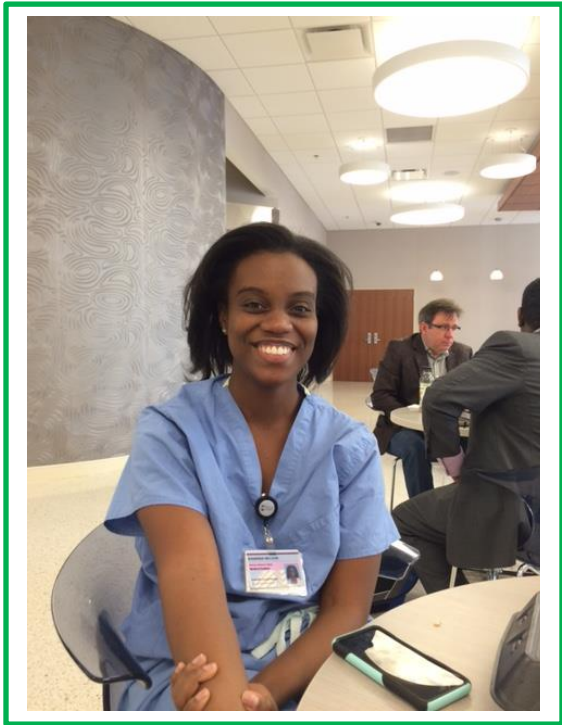
Today's Questions

1. Where are you from and how has your background/family shaped you?
2. Describe one of your biggest challenges as a student and how you overcame this obstacle?
3. How did you balance your career and personal life while in school? What about now? (perhaps consider your dating, family, spiritual life)
4. How have you dealt with adversity in your career?
5. Any words of wisdom for the student body?

Finally, we will take questions from our audience.

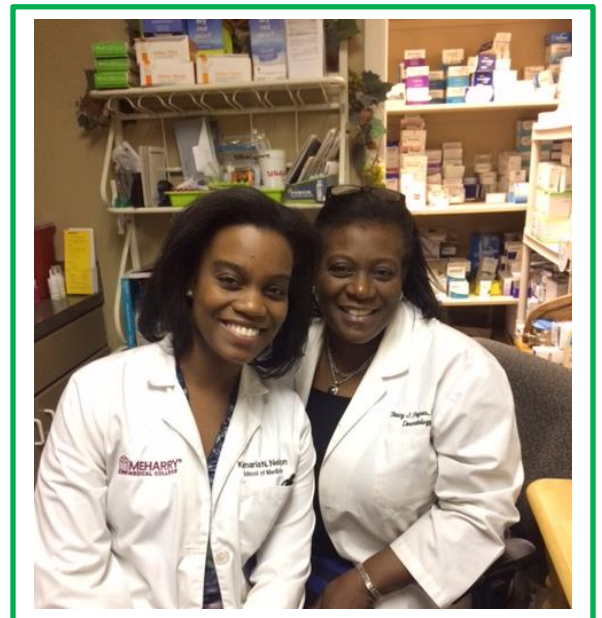
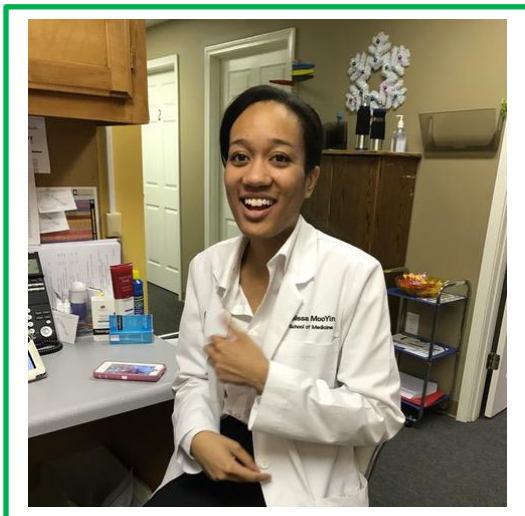
Thank you for volunteering your time!

Mentoring Med Students
November & December 2016



I have one student whose goal is to become a dermatologist. As her mentor I am able to add to her foundation of support and assist her in navigating the process of her journey into dermatology by doing the following:

- ✓ being available by either phone or email,
- ✓ helping her to focus on one particular aspect of dermatology,
- ✓ guiding her to research opportunities in dermatology,
- ✓ selecting the most beneficial rotation for the best dermatology experience,
- ✓ help with dermatology poster set up and subject matter selection,
- ✓ helping with interviewing skills and questions specific to dermatology,
- ✓ help with ethics guidelines of medicine,
- ✓ office shadowing with specific training in dermatologic description,
- ✓ surgical skills
- ✓ introduction to cosmeceuticals, medical etiquette and letters of recommendation.



Mentoring has been one of the most rewarding experiences in my life.

My desire is for each student to reach his or her maximum potential and except the commitment needed to succeed. My student/patient is sharing her experience in being a dermatology resident in her blog "love and the sky" where I am mentioned as being part of her journey,

For the full blog go to:
<http://www.loveandthesky.com/home/why-i-chose-dermatology>

April 20016
love and the sky
why i chose dermatology

why
i
chose
dermatology

by
elyse love, md



www.loveandthesky.com

in short, i want to make people feel like they're naomi campbell - powerful, beautiful, capable, and strong.

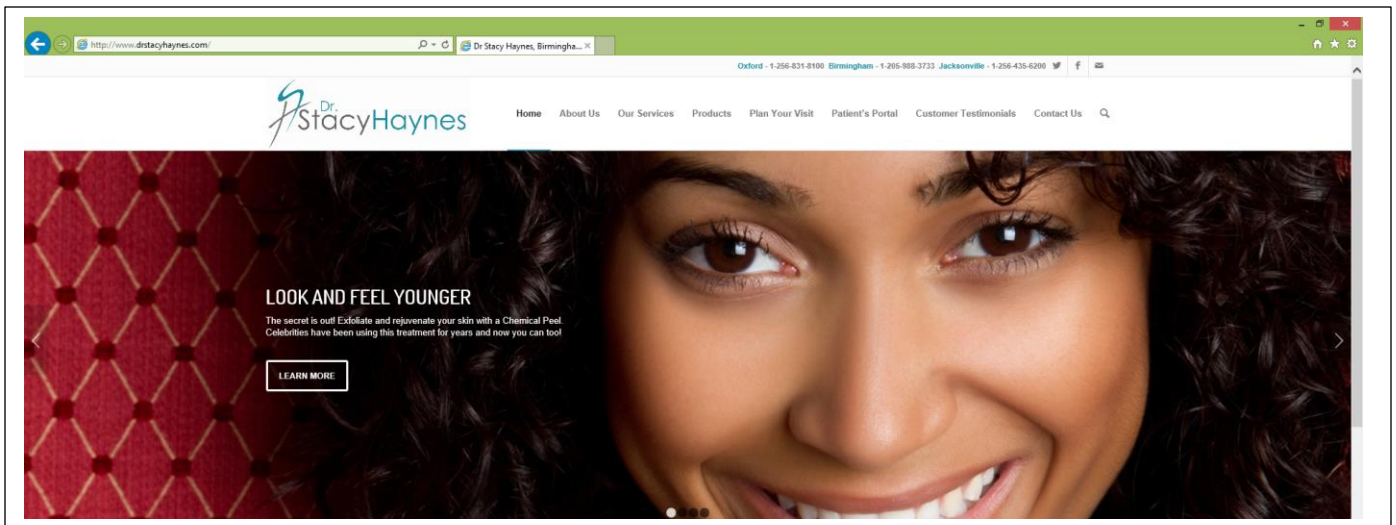
My path to dermatology began as a patient.

I experienced moderate to severe nodular cystic acne from 14 years of age to 17. During that time period, I bounced around from dermatologist to dermatologist (*and spent a ton of dough*), but for whatever reason, we couldn't find a system that worked. I developed my first acne lesion the summer before 9th grade. Senior year of high school, as a last ditch effort, my mom convinced me to go to one final dermatologist that had been recommended to us by a friend.

Dr. Stacey Haynes changed my life.

As my skin cleared, I began to realize just how much effort I'd put into being invisible. I'd starting sitting in the back of class. I'd stopped contributing to scholarly discussions (*I previously LOVED to debate. Some of my teachers thought I should be a lawyer*). I didn't speak at lunch. With the exception of my mother, no one knew what I looked like without layers of make-up to try and hide the painful nodules, flourishing comedones, and in-numerous dark spots. As my skin cleared, I slowly became the bubbly-outgoing-take-100-selfies-in-an-hour person you know today.

It's really hard to explain how self-conscious and sad my acne made me feel. Someone once told me "*everyone had acne. It's not that big of a deal. I had acne too and then I took Accutane and I got better.*" My goal is for all of my acne patients to feel as he does. I hope that I will play such an insignificant role in their life because I'll just be the lady who fixed their acne **before their acne was allowed to become more than skin deep.**



★★★★★ *Dr. Haynes, I'm so appreciative to you and your...* — **MABLE S.** (Patient since 2016)
Dr. Haynes, I'm so appreciative to you and your staff for your professionalism and understanding; each of you was gracious and personal enough to sit and listen attentively to my problems of concern and then thoroughly explained recommended treatment. My son recommended you to me and I'm so glad he did.

Dec 21, 2016

★★★★★ *The Staff is very friendly. Dr. Haynes was very...* — **JORDYN S.** (Patient since 2016)
The Staff is very friendly. Dr. Haynes was very detailed and informative and it was a very positive atmosphere would recommend to all my family and friends

Nov 26, 2016

★★★★★ *Our first visit was great. Office was well org...* — **REAH D.** (Patient since 2016)
Our first visit was great. Office was well organized and we were in and out in a timely manner. Clinical staff and MD was very informative; we were very optimistic that we would have good results after our visit.

Nov 20, 2016

★★★★★ *Excellent Service and Family Environment* — **LISA T.** (Patient since 2016)
I was so happy to finally meet Dr. Haynes. I left her office feeling like there was hope for my hair and scalp issues. I felt like a good friend was taking care of me and my needs. She made me feel so comfortable. Moreover, she explained everything in a manner that I could understand it. I can't wait to start my treatments!!!

Nov 4, 2016

I am truly blessed with some of the most amazing patients!

★★★★★ *Right finger* — **JOHN W.** (Patient since 2016)

I really don't think I can adequately express how much y'all mean to me. This is my third visit thru the VA & I am so appreciative of your service to me.

Oct 26, 2016

★★★★★ — **CEANDRA H.** (Patient since 2016)

Dr. Haynes and her staff are always helpful and nice. Dr Haynes knows her stuff and she is the best dermatologist I have experienced with.

Sep 17, 2016

★★★★★ *I was impressed by the cutting edge services and ...* — **REGINA M.** (Patient since 2016)

I was impressed by the cutting edge services and procedures provided. The staff was friendly and professional. I would highly recommend friends and family

Sep 8, 2016

★★★★★ *Superb bedside manner, excellent communication at...* — **CYNTHIA S.** (Patient since 2015)

Superb bedside manner, excellent communication at a level of comfort at all times. You just know Dr H really cares. Hope she continues to practice until we are in Heaven.

Aug 26, 2016

★★★★★ *Staff and Haynes are the diamond standard for care, everything about experience with them has been...* — **CHRISTOPHER C.** (Patient since 2016)

Staff and Haynes are the diamond standard for care, everything about experience with them has been beyond my expectations

Aug 10, 2016

★★★★★ — **ANDREA B.** (Patient since 2015)

Dr. Haynes is a superb dermatologist! She is extremely knowledgeable and provides excellent customer service. I drive from Huntsville to her Birmingham office for all my family members' appointments. Definitely worth the trip!

Jul 28, 2016

★★★★★ — **KYM R.** (Patient since 2015)

Great group! Very professional about your personal needs and coming up with a plan that you will get your desired outcome in the most affordable way

Jul 3, 2016